



Well-being OF STUDENTS

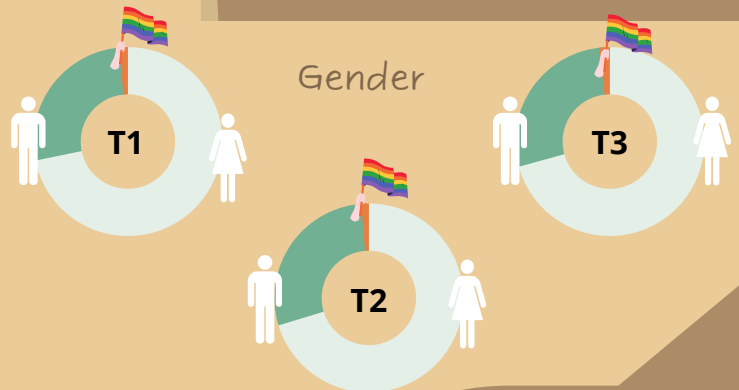
During the Healthy Student Life project 9978 Radboud University students participated at least once in the questionnaire. Specifically:

T1 October 2021: 4902
T2 May-July 2022: 4431
T3 May-July 2023: 5214



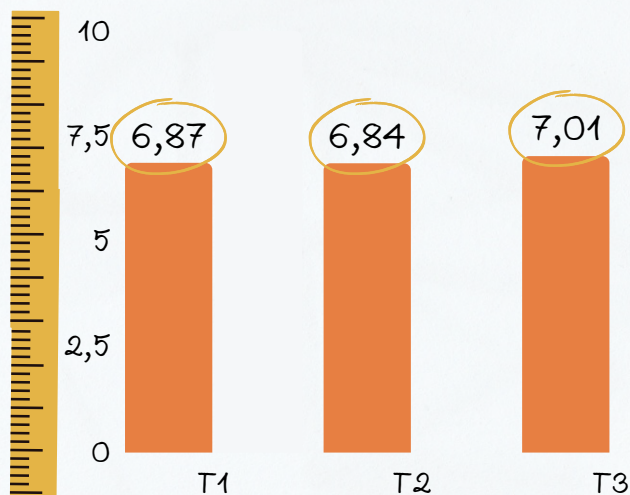
Who?

Average age at all
timepoints: 23 years

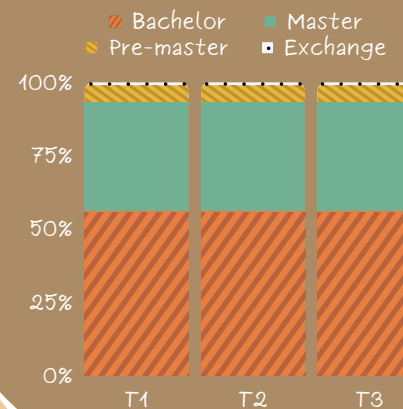


How happy are students?

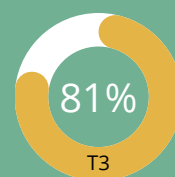
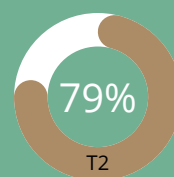
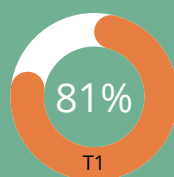
Happiness average grade



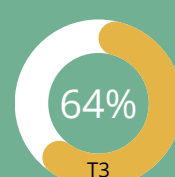
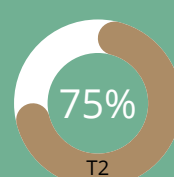
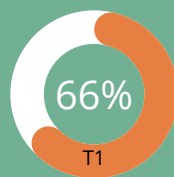
Type of student



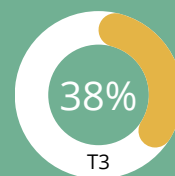
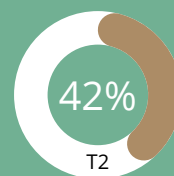
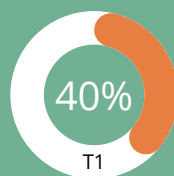
Moderate/ high study engagement



Moderate/ high perceived stress



High burn-out complaints



Depressive symptoms

